

How to enrol...

Please complete an Enrolment Form to participate.

You can visit our website to download an Enrolment Form

www.wcig.org.au

Or

**Contact WCIG Training Services
(03) 9689 3437**

Please send completed Enrolment Form to:

Email: trainingservices@wcig.org.au

Or

Fax: (03) 9689 9093

For queries including payment, registration of interest, details of any pre-requisites for the course and any additional queries ..

Please contact the Training Services team
(03) 9689 3437

WCIG Offices

FOOTSCRAY

Head Office

151 Nicholson Street,
Footscray, VIC 3011
Tel: (03) 9689 3437 (voice/TTY)
Fax: (03) 9689 9093

MELTON

237—239 Station Road,
Melton, VIC 3337
Tel: (03) 8736 1000
Fax: (03) 8736 1050

MOONEE PONDS

Suite 7/5 Everage Street
Moonee Ponds, VIC 3039
Tel: (03) 8371 0050
Fax: (03) 8371 0099

SUNSHINE

Shop 2, 27-35 Clarke Street,
Sunshine, VIC 3020
Tel: (03) 9311 9411
Fax: (03) 9311 8843

ST ALBANS

352A Main Road West,
St Albans, VIC 3021
Tel: (03) 9364 6199 (voice/TTY)
Fax: (03) 9364 6425

WERRIBEE

Suite 10, Level 1, 75 Watton Street,
Werribee, VIC 3030
Tel: (03) 9731 0477 (voice/TTY)
Fax: (03) 9731 0674

LivingWorks ASIST

**Applied Suicide Intervention
Skills Training**

*Over half a million have attended this
workshop worldwide - nearly 50,000 in
Australia!*



ASIST

Applied Suicide Intervention Skills Training

www.wcig.org.au

Registered Training Organisation - TOID 4185



www.wcig.org.au

Venue, Dates & Times

Applied Suicide Interventions Skills Training (ASIST)

Duration:	2 Day (Workshop)
Dates:	7th & 8th June 5th & 6th August
Where:	WCIG Footscray
Times:	8.30am - 5:30pm
Cost:	\$385.00 (*lunch provided on both days)

Payment must be made in FULL 2 weeks prior to commencement date

Attendance is compulsory for all sessions

Please Note: Prices and course dates may be subject to change.

Fees & Charges

WCIG Training Services will require full payment before commencement of the training program.

A refund will be given if enrolment is cancelled 7 working days prior to commencement of training.

Organisations can be invoiced on presentation of purchase order/letter of authority.

Course Outline

LivingWorks ASIST

Applied Suicide Interventions Skills Training - ASIST is a 2-day interactive workshop in suicide first aid.

Participants learn to recognise when someone may be at risk of suicide and respond in ways that help increase their immediate safety and link them to further help.

The workshop helps people apply suicide first aid in many settings - with family, friends, co-workers and team mates and more formal helping roles.

ASIST is presented by a team of two registered trainers (psychologists) who have completed a one-week LivingWorks Training for Trainers (T4T) program.

Trainers use internationally standardised LivingWorks learning materials. The Australian LivingWorks team has contributed to the development of these materials and produced Australian editions of the workbook and Suicide Intervention Handbook.

ASIST is based on principles of **adult learning**. It values the experiences and contributions that participants bring and encourages people to share actively in the learning process.

Participants consistently say that they feel better prepared to respond helpfully to a person at risk of suicide.

Evaluations have shown that people remember and apply what they learned in ASIST and that this learning is consistent with workshop objectives.

Suicide first aid learned in ASIST can help all of us see, hear and respond to people at risk, helping to increase their immediate safety and get further help.

Course Outline

In ASIST you will:

- Discuss suicide risk and safety openly and directly
- Consider how attitudes and experiences affect helping
- Learn and apply a model for suicide first aid intervention
- Share ways to care for and support yourself as a helper

Interactive learning is stimulated by teaching and audio-visuals. Small groups increase opportunities for discussion and skills practice. Attendance at both days is essential.

Who should attend?

Employment Consultants, Support and Youth Workers who have clients who come from a violent or substance abused background.

Develop skills and knowledge to manage workplace situations where clients suffering from substance abuse or severe mental issues become abusive, aggressive or violent.

What's in it for me?

- Certificate of Attendance for completion of the course.
- Enhance your skills and develop new ones.
- Be more prepared for employment opportunities.